

# Developmental Snapshot

2 to 3 years old



David loves to do everything by himself now, even if help is needed. For example, he may want to carry his own glass of milk to the dinner table and spill along the way. He gets a little upset when the milk spills, but will help clean it up as he is now able to follow two-step directions. David is also really into dramatic play now. As he plays with his car you can hear him saying “beep-beep” and driving in front of a friend who is pushing another car. He also likes to create a road for his cars with various objects around the house. If a friend interrupts his play he will tell them he doesn’t like it as he is very comfortable expressing his new learned emotion words.

Danielle is very strong willed about wanting to be in control. Routines are very helpful with this as it allows for her to be in control, with limits still being set. Her favorite routine is bedtime, where she must put on her pj’s, brush her teeth, and then have a story read to her. She loves to pick out her jammies and the story! During story time, loves to answer questions and talk about what is happening. Danielle also enjoys different activities that push her fine motor skills like stringing beads, using a q-tip to glue various objects, making lines and dots with various writing tools, and working on puzzles. She is very focused when working on all of these different projects both independently and in small groups. In addition to the fine motor activities Danielle is also becoming very skilled at playing hokey-pokey, kicking a ball, and throwing objects underhand.

## Try this....

- When your child is testing limits, turn things into a game or song. This changes the tone of the situation and often engages the child in choices which makes them feel powerful within the limits you are setting.
- Create a dress-up box full of old hats, gloves, shoes, bags, etc that they can use with all of their play.
- Find lots of time for large motor play! Swinging, climbing, sliding, walking up and down stairs, and introducing balls and scarves to their movement activities.
- Retell stories together. Ask your child to make a new ending.
- Create a misc. craft box with odds and ends (cut-up scrap paper, pieces of fabric or yarn, beads, sequences) they can work on sorting and pasting to paper.