

# Developmental Snapshot

## 8 to 12 Months



Brittney loves to follow you around the house as you are putting things away; finding that comfort in just knowing you are near. As Brittney is following you around she loves to wave things around to get your attention. Brittney also really likes when the neighbor toddler comes over. She will watch her sing and then try to move her hands to clap. Brittney will also crawl over to her to try and take what toy she is using. When other children aren't around she loves to capture your attention through cause/effect type experiences like dropping her spoon or pushing ball to you.

Brian has been having a great deal of stranger anxiety; anytime a new person or someone he hasn't seen for awhile is near he gets a worried look on his face and clutches to his parents. Holding the satin part of his blanket helps calm him during these situations when there are unfamiliar people and also when there are unfamiliar activities. Brian loves to play on the carpet with you and is now able to grab an item when prompted. For example, if you ask him where is the block, he will pick up a block. He does some babbling back at you during these interactions. He also loves to take the pots and lids out of the cabinet in the kitchen and bang on them. Brian is on the move, crawling, standing, etc, so he is out of the kitchen faster than you have put everything away!

### Try this....

- Allow for transition time and comfort! This maybe extra time needed before leaving your baby with a babysitter, tell the baby when you are leaving and when you are returning, and allow for comfort items.
- Repeat phrases so they are hearing them over and over, thus helping them know what they mean. For example, "bye-bye" "night-night". Sing songs, read rhymes, and play games like "This Little Piggy" or "Peek-a-Boo".
- Make a treasure box; fill a large cardboard box with safe household items and just allow your baby to explore with items or placing them in and out of box.
- Develop those fine motor and large motor skills! Offer finger foods, providing various items they can practice grabbing, make a tent for them to crawl through or practice standing up in.